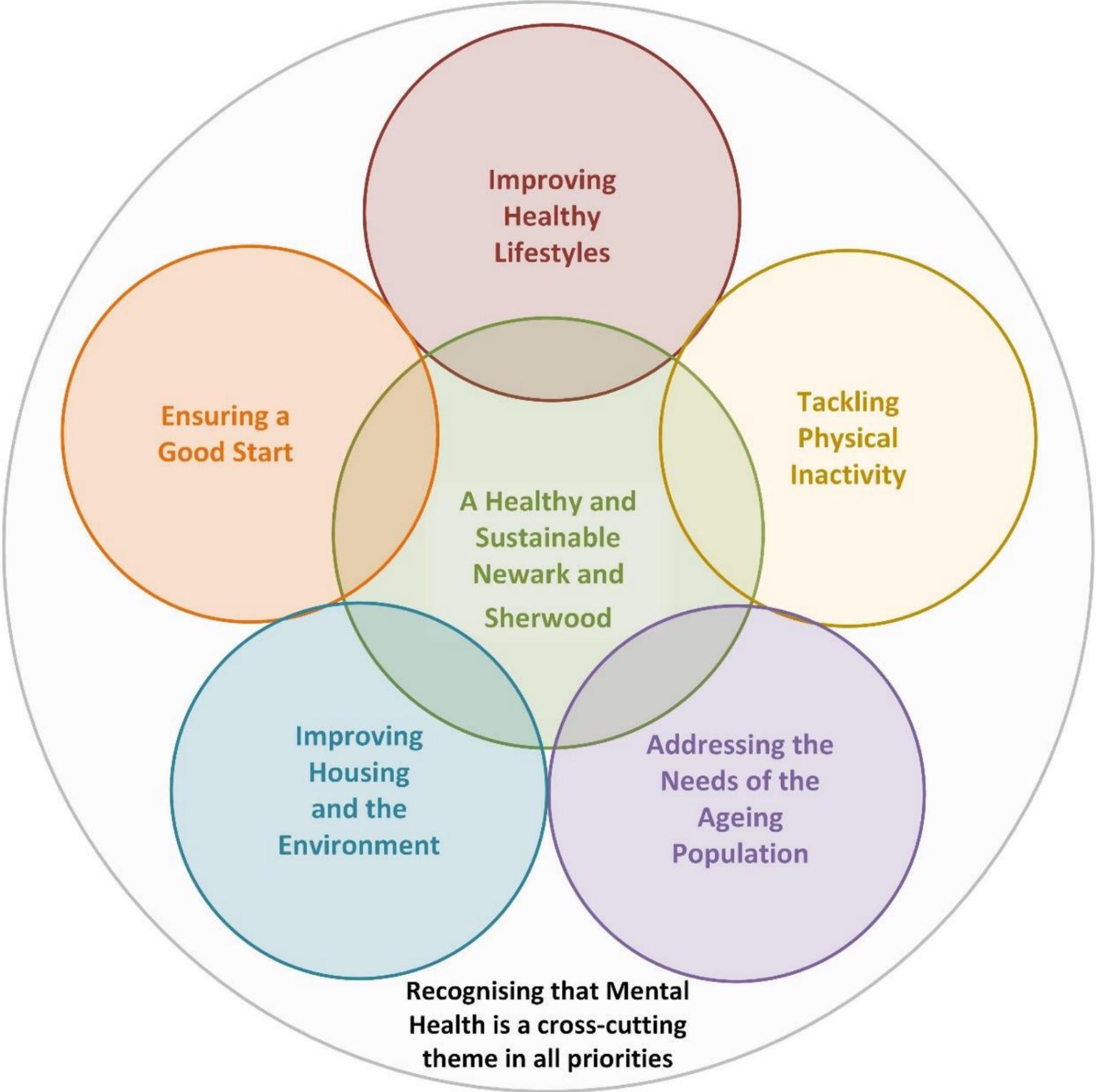


Newark and Sherwood Health and Wellbeing Partnership - Emerging Work Programme



Ensuring a Good Start		Improving Healthy Lifestyles	
Areas of focus	Current partnership activities	Areas of focus	Current partnership activities
Breastfeeding	Breast feeding friendly scheme Babes Support Group Antenatal Information Lime Green Team/Healthy Families Team	Smoking	Smokefree life - Telephone Support, Quit clinics and Quit with Bella app Wellness on wheels Assist Year 8 Peer support programme Quit with Bella app Tobacco declaration
Smoking during pregnancy	Smokefree life campaigns and quit clinics Coaching skills training	Substance misuse	Community alcohol partnership (CAP) – Ollerton, Boughton and Edwinstowe CGL Service and education programme Dare (lifeskills) Year 6 Primary schools programme
Domestic abuse	GRT support work BME family Involvement Early years provider information Freedom Programme Women's Aid	Nutrition and Healthy Eating	Everyone Health – localised offer & Alive n kicking family programme & Tier 1 & 2 delivery Food environment – place based initiative project (Tolney Lane Community Champions Cooking) NCC Food charter HOT – Healthier Option Takeaway FHRS – Food hygiene rating scheme
School readiness	Home start – big hopes, big futures Children Centre programmes - Home talk, Now I am 2, let's play and little talker 2 year funded places for 3/4yr olds		
Mental Health	Footstep volunteer programme PHEW group Home start visits Adverse Childhood experiences (ACES) resilience building programme – prenatal support & first 1000 days of life	General	Wellbeing at Work Award Health Roadshow Youth Service delivery programme and community plan Health for Kids/Health for Teens/Notts Help Yourself Ollerton Outreach – Wellbeing Wednesday
Health for Kids website	Website for parents and carers and all partner agencies provide information	Sexual Health	C Card delivery My Sexual Health (NHS Service) SEXions - confidential sexual health service and educational team
Antenatal	Development stage of pregnancy is maternity hubs		
Oral Health	Recap information subscribed to parents Change 4 life campaigns		
Healthy Eating	Change 4 life campaigns Everyone health Groups (weaning & cooking) Free fruit in supermarkets	Mental Health	CASY CAHMS IAPT services – Insight (N&S)

Improving Housing and the Environment	
Areas of focus	Current partnership activities
Decent and warm homes	<ul style="list-style-type: none"> Warm homes on prescription Fuel poverty Handy persons adaptation scheme Independent living Disabled Facilities Grants Housing Options advice Licensing Houses in multiple occupancy Landlords Forum
Greener places	<ul style="list-style-type: none"> Green flag parks Parkruns – Newark & Sherwood (adult & junior) Allotments Community Growers
Healthier places	<ul style="list-style-type: none"> Air Quality Food environment & food charter Big Difference Scheme

Tackling Physical Inactivity		Addressing the need of an aging population	
Areas of focus	Current partnership activities	Areas of focus	Current partnership activities
Sports Clubs	Support club development to enable ability to receive new people Open grant scheme – community, sport and arts	Support unpaid carers	NCC carers assessment GP register of carers Carers trust & carers
Adult physical activity	Engage falls programme AHSC falls agenda (chair based – otago – PSI) GP referral scheme (active 4 today) Travel choice – healthy travel linked to Newark town centre businesses and Wellbeing at work award Back to sport sessions Walking sports	Housing for elderly	Warm homes on prescription Housing support NSDC Housing with care – Gladstone house Disabled facilities grants Handy persons adaptation scheme Charitable grants
Childhood obesity	School sport Primary – NDPSSA, School Games Secondary Wider initiatives – daily mile SFEP and TFN – health strands Junior parkrun Diversionary activities	Tackle social isolation	Age friendly communities rollout to all areas within district Transport – CVS volunteer drivers Community transport Age UK connect Trusted trader
Walking	PAWS Walking groups Nordic walking	Dementia	Dementia friendly communities School education and rollout community wide of Dementia friends Working age dementia Dementia Info service and calendar of activities Alzheimer's society
Green space	Promote as somewhere people can be active Friends of groups Parkrun		Hospital discharge
	Welcome clubs		Age appropriate community run activities i.e. men in sheds, WI
	Youth service delivery – target audience in different localities		Long term health condition support groups
	Satellite funding		Hoarding panel
	Street games – specific projects linked to hard to reach groups		
	Wellbeing at Work		
	Specific health related rehab/recovery sessions		

